



L A D Y M O N A R C H G a m e D a y N o t e s

2006 LADY MONARCH SCHEDULE

Day	Date	Opponent	Time
Sat.	Aug. 26	at #7 Penn State	W, 3-1
Sun.	Aug. 27	vs. Ohio (at Penn State)	W, 6-1
Sun.	Sept. 3	at #19 Virginia	W, 3-2
Mon.	Sept. 4	at #1 Maryland	L, 0-1
Sat.	Sept. 9	#19 RICHMOND	W, 3-0
Sun.	Sept. 10	#20 MICHIGAN	W, 2-0
Sat.	Sept. 16	at #4 North Carolina	W, 3-1
Sun.	Sept. 17	at #5 Duke	W, 4-3 (2OT)
Sat.	Sept. 12	at Princeton	W, 5-0
Sun.	Sept. 24	at Drexel *	W, 5-0
Fri.	Sept. 29	at #17 James Madison *	W, 1-0
Sun.	Oct. 1	TOWSON *	W, 7-0
Fri.	Oct. 6	at Va. Commonwealth *	6:00 PM
Sun.	Oct. 8	at Delaware *	1:00 PM
Sat.	Oct. 14	MARYLAND	Noon
Sun.	Oct. 15	DUKE	1:00 PM
Sat.	Oct. 21	NORTHEASTERN *	1:00 PM
Sun.	Oct. 22	HOFSTRA *	1:00 PM
Sat.	Oct. 28	NORTH CAROLINA	1:00 PM
Sun.	Oct. 29	WILLIAM & MARY *	1:00 PM

CAA Tournament

Wed.	Nov. 1	CAA Tournament Quarters	at highest seed
Sat.	Nov. 4	CAA Tournament Semis	at Nat'l Training Ctr.
Sun.	Nov. 5	CAA Tournament Finals	at Nat'l Training Ctr.

Sat.- Sun. Nov 11-12 NCAA 1st/2nd Rnds.

Thu. - Sun. Nov 16-19 NCAA Final Four - Wake Forest

*CAA Conference Game

(Note: All rankings are at time of play)

LADY MONARCH STAT LEADERS (as of October 5th)

Name:	Goals:	Assists:	Points:
Dana Sensenig	11	6	28
Denise Admiraal	7	1	15
Nico van Nispen	5	2	12
Caroline Nichols	5	1	11
Darcy Pinchbeck	3	2	8
Sami McLenegan	3	1	7

Name:	Saves:	Sv%:	GAA:
Kelly Driscoll	32	.780	0.73

CAA STANDINGS (as of October 4th)

Team:	CAA			Overall		
	W	L	Pct.	W	L	Pct.
#3 Old Dominion	3	0	1.00	11	1	.917
#17 William & Mary	2	0	1.00	8	3	.727
(RV) Hofstra	2	1	.667	7	4	.636
Delaware	2	1	.667	5	7	.417
#18 James Madison	1	1	.500	7	5	.583
(RV) Towson	1	1	.500	7	5	.583
Northeastern	1	2	.333	5	6	.456
Drexel	0	3	.000	6	5	.545
VCU	0	3	.000	1	10	.091

ATHLETIC MEDIA RELATIONS

Kimberly Zivkovich - Field Hockey SID

Office: 757-683-5520

Fax: 757-683-3119

Cell: 757-617-7757

E-mail: kzivkovi@odu.edu

WEEK Seven:

No. 3 Old Dominion (11-1, 3-0 CAA) at
Fri. Oct. 6 - at Va. Commonwealth (6-4, 0-0 CAA)
Sun. Oct. 8 - at Delaware (7-3, 1-0 CAA)

ABOUT THE LADY MONARCH FIELD HOCKEY TEAM:



● **ON THE ROAD ONE MORE TIME:** The Old Dominion field hockey team hits the road one last time this weekend when they travel to Virginia Commonwealth and Delaware. This will be the final road weekend for the Lady Monarch this regular season as they begin a six-game home stand to close out the 2006 regular season. To date, ODU has gone 7-1 when away from the friendly confines of Foreman Field. Last week, the Lady Monarchs closed out a five-game road swing by coming home for the first-time in 20 days for a 7-0 shutout win over Towson. When the Lady Monarchs return home next week, they will at Foreman Field for three straight week before heading off to the CAA Tournament. While considered a "road" or "neutral" site game, the tournament will not be too far from campus as it is as the National Training Center in Virginia Beach.

● **TAKING THE CONFERENCE BY STORM:** With two conference wins last weekend over James Madison and Towson, the Lady Monarchs enter the weekend with a 3-0 record, tied with William & Mary for first place in the CAA. In their three CAA contests to date, the Lady Monarchs have not let an opponent score while collecting 13 goals of their own. Additionally, Old Dominion has outshot their CAA opponents 76-9 and outcornered them 76-9.

● **LET'S HEAR IT FOR THE "D":** Redshirt goalkeeper Kelly Driscoll and the Old Dominion defense continue to rack up the shutouts. With last week's 1-0 win at #17 James Madison and a 7-0 home victory against Towson, the Lady Monarchs have posted four straight shutouts and six total on the season. At home, Old Dominion has yet to allow an opponent score on Foreman Field.

● **THIS IS HOW WE START:** Old Dominion is off to a 11-1 start, the best start by the program since 2000. That season the Lady Monarchs won the first two games of the season before falling to Maryland. The loss against the Terps would be the only that season as the Lady Monarchs rattled off 23 straight victories and brought home its last national championship. The 2006 campaign kicked off with a 3-0 start, its best start to a season since they started off the 2002 Final Four season 3-0 as well. Again it was Maryland who halted the winning streak this season and also back in 2002.

● **NICO VAN NISPEN NAMED CAA PLAYER OF THE WEEK:** Sophomore midfielder Nico van Nispen was named the CAA Player of the Week after collecting seven points off three goals and an assists in the Lady Monarchs' 2-0 week during the week ending October 2nd. Van Nispen registered both game-winners against #17 James Madison and Towson as Old Dominion posted its eighth straight victory and fourth straight shutout. On Friday night, the sophomore midfielder tallied the lone goal in the James Madison victory and van Nispen was one of four different Lady Monarch goal scorers and one of two multiple goal scorers versus Towson.

SERIES WITH THE OPPONENTS:

VA. COMMONWEALTH:

2006 Record: 1-10 overall, 0-3 CAA

2005 Record: 6-11 overall; 2-6 CAA

All-Time Vs: 35-4 - ODU

First Meeting: 1974 - L, 1-2

Last Meeting: 2005 - W, 5-0

Common Opponents: Virginia, Richmond, Michigan, James Madison, William & Mary, Drexel, Delaware, Hofstra, Northeastern

DELAWARE:

2006 Record: 5-7 overall, 2-1 CAA

Note: Will host William & Mary Friday night

2005 Record: 8-11 overall; 2-6 CAA

All-Time Vs: 5-1-1 - ODU

First Meeting: 1981- T, 1-1

Last Meeting: 2005 - W, 6-2

Common Opponents: Duke, Maryland Michigan, James Madison, William & Mary, Drexel, Va. Commonwealth, Hofstra, Northeastern

STX/NFHCA POLL:

<u>Institution (record)</u>	<u>Points</u>
1. <i>Maryland (12-0)</i>	679 (33)
2. Wake Forest (11-2)	636
3. <i>Old Dominion (11-1)</i>	622 (1)
4. Boston College (10-2)	529
5. <i>Duke (8-3)</i>	522
6. <i>North Carolina (9-4)</i>	502
7. Ohio State (8-1)	473
8. <i>Penn State (10-2)</i>	451
9. <i>Virginia (8-4)</i>	385
10. Connecticut (10-2)	384
11. Indiana (11-1)	368
12. Providence (11-1)	209
13. Louisville (6-4)	203
14. California (8-3)	198
15. American (8-4)	197
16. Villanova (10-3)	195
17. <i>William & Mary (8-3)</i>	151
18. <i>James Madison (6-5)</i>	129
19. <i>Richmond (7-4)</i>	113
20. <i>Michigan (5-7)</i>	52

Also Receiving Votes: Boston University (51), *Ohio University (20)*, *Hofstra University (16)*, University at Albany (15), Princeton University (13), University of Iowa (10), College of the Holy Cross (4), Lock Haven University (4), Temple University (3), Longwood University (2), Northwestern University (2), Sacred Heart University (1), *Towson University (1)*.

Previous Rankings:

Preseason: #4
 Week 1: #3
 Week 2: #3
 Week 3: #3
 Week 4: #3

**** Italics/Bold Denotes 2006 Opponent**

WOMEN'S FIELD HOCKEY.COM POLL:

<u>Institution</u>
1. <i>Maryland</i>
2. <i>Old Dominion</i>
3. Wake Forest
4. Boston College
5. <i>Virginia</i>
6. <i>Duke</i>
7. <i>UNC</i>
8. Indiana
9. Ohio State
10. <i>Penn State</i>
11. Connecticut
12. California
13. Providence
14. <i>William & Mary</i>
15. <i>Richmond</i>
16. <i>James Madison</i>
17. Villanova
18. <i>Hofstra</i>
19. Louisville
20. Boston University

Previous Rankings:

Preseason: #5
 Week 1: #5
 Week 2: #3
 Week 3: #3
 Week 4: #3
 Week 5: #2

**** Italics/Bold Denotes 2006 Opponent**

ODU IN THE NATIONAL STATS:**Winning Percentage:**

2.917

Scoring Defense:

1.0.73

Scoring Offense:

10.3.40

Margin Of Victory:

5.2.67

Points Per Game:

15.Dana Sensenig2.33

Goals Per Game:

16.Dana Sensenig0.92

Assists Per Game:

44.Dana Sensenig0.50

Goals Against Average:

2.Kelly Driscoll0.73

Save Percentage:

14.Kelly Driscoll780

QUICK FACTS:**GENERAL:**

Name of School:Old Dominion University
City, Zip:Norfolk, Va. 23529-0201
Founded:1930
Enrollment:21,000
Nickname:Lady Monarchs
School Colors:Slate Blue, Sky Blue, & Silver
Home Field:Foreman Field (Astroturf)/20,000
Conference:Colonial Athletic Association
President:Dr. Roseann Runte (SUNY New Paltz '68)
Athletic Director:Dr. Jim Jarrett (SIU-Carbondale '59)
Athletic Dept. Phone:(757) 683-3375

COACHING STAFF:

Head Coach:Beth Anders (Ursinus '73)
Career Record:461-78-7/22 seasons
Record at ODU:461-78-7/22 seasons
Assistant Coaches:Susan Myers (Slippery Rock '73)
Gwen Alexander (West Chester '73)
Robin Smith (Old Dominion '92)

TEAM INFORMATION:

2005 Record:19-6
2005 Conference Record:8-0/1st
2005 Post Season:NCAA Semifinals
Final Ranking:#3 NFHCA
Letterwinners Returning/Lost:16/5
Starters Retuning/Lost:9/2

Top Returning Players:

<u>Name:</u>	<u>Pos:</u>	<u>Cl:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#14 Dana Sensenig	MF	Sr.	19	15	53
#13 Denise Admiraal	MF	So.	18	5	41
#9 Darcy Pinchbeck	F	Sr.	9	4	22
#20 Caroline Nichols	B	Sr.	1	19	21
#23 Katelyn Smither	F	So.	8	0	16

Key Losses:

<u>Name:</u>	<u>Pos:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#19 Janelle Engle	B	20	10	50
#16 Jennifer Angat	MF	3	3	9

ODU IN THE CAA STATS:**Winning Percentage:**

1.917

Scoring Defense:

1.0.73

Scoring Offense:

1.3.40

Margin Of Victory:

1.2.67

Points (Total):

1.Dana Sensenig28
 8.Denise Admiraal15

Points Per Game:

1.Dana Sensenig2.33
 10.Denise Admiraal1.25

Goals (Total):

1.Dana Sensenig11
 3T.Denise Admiraal7

Goals Per Game:

1.Dana Sensenig0.92
 6.Denise Admiraal0.58

Assists (Total):

3T.Dana Sensenig6
 10T.Katelyn Smither4

Assists Per Game:

5T.Dana Sensenig0.50

Saves:

7.Kelly Driscoll32

Saves Per Game:

8.Kelly Driscoll2.67

Shutouts:

1.Kelly Driscoll4

Goals Against Average:

1.Kelly Driscoll0.73

Save Percentage:

3.Kelly Driscoll780

RECORD BOOK:**GOALS:**

1t. Maaik Hilbrand	167
1t. Marina DiGiacomo	167
3. Christy Morgan	86
4. Kim Miller	82
5. Angie Loy	77
6. Laura Knorr	76
7. Tiffany Snow	71
8. Jill Fisher	70
9. Robin Smith	66
10. Kelli James	65
Dana Sensenig (2003 - present)	50

ASSISTS:

1. Jill Reeve	138
2. Winnifred Sanders	134
3t. Pam Neiss	80
3t. Marina DiGiacomo	80
5. Carolyn Sarr	66
6. Kelli James	66
7. Cheryl Van Kuren	61
8. Adrienne Yoder	61
9. Angie Loy	56
10t. Mimi Smith	50
10t. Maaik Hilbrand	50
Dana Sensenig (2003 - present)	41
Caroline Nichols (2003 - present)	34

POINTS:

1. Marina DiGiacomo	414
2. Maaik Hilbrand	372
3. Christy Morgan	219
4. Angie Loy	210
5. Kim Miller	200
6. Kelli James	196
7. Tiffany Snow	181
8. Laura Knorr	171
9. Jill Reeve	170
10. Jill Fisher	165
Dana Sensenig (2003 - present)	142
Caroline Nichols (2003 - present)	67

Individual Game Highs:

Shots:6, Dana Sensenig - at #5 Duke (9/17)
.6, Denise Admiraal - vs. Towson (10/1)
Goals:3, Denise Admiraal - vs. Towson (10/1)
Assists:1, 20 times
Points:6, Denise Admiraal - vs. Towson (10/1)
Saves:6, Kelly Driscoll - at #1 Maryland (9/4)

Team Game Highs:

Shots:35 - at Drexel (9/24)
Goals:7 - vs. Towson (10/1)
Assists:5 - vs. Towson (10/1)
Points:19 - vs. Towson (10/1)
Saves:6 - at #1 Maryland (9/4)

CAA PLAYER OF THE WEEK:

Week #1 (8/21-8/27): .Stephanie Swain (Delaware)
Week #2 (8/28 - 9/3): . . .Kajee Murangi (Towson)
Week #3 (9/4 - 9/10): . . .Caroline Nichols (ODU)
Week #4 (9/11 - 9/17): . . .Caroline Nichols (ODU)
Week #5 (9/18 - 9/24): . . .Christina Armer (TOW)
Week #6 (9/25 - 10/1): . . .Nico van Nispen (ODU)
.Charlia Warner (HOF)
Week #7 (10/2 - 10/8):
Week #8 (10/9 - 10/15):
Week #9 (10/16 - 10/22):
Week #10 (10/23 - 10/29):

CAA ROOKIE OF THE WEEK:

Week #1 (8/21-8/27):Katie Ueberroth (ODU)
Week #2 (8/28 - 9/3):Jordan Freese (Drexel)
Week #3 (9/4 - 9/10):Meghan Bain (JUM)
Week #4 (9/11 - 9/17): .Christina Boorman (TOW)
Week #5 (9/18 - 9/24): .Christina Boorman (TOW)
Week #6 (9/25 - 10/1): . . .Suzanne Hazelzet (NU)
Week #7 (10/2 - 10/8):
Week #8 (10/9 - 10/15):
Week #9 (10/16 - 10/22):
Week #10 (10/23 - 10/29):

OLD DOMINION IS:

	<u>Overall</u>	<u>CAA</u>
vs. Ranked Opponents	8-1	1-0
At Home	3-0	1-0
Away	7-1	2-0
Neutral Site	1-0	0-0
Leading at the half	8-0	2-0
Trailing at the half	1-0	0-0
Tied at the half	2-1	1-0
Overtime	0-0	0-0
Scoring first	10-0	3-0
In day games	10-1	2-0
In night games	1-0	1-0
In August	2-0	0-0
In September	8-1	2-0
In October	1-0	1-0
In November	0-0	0-0
On Monday	0-1	0-0
On Tuesday	0-0	0-0
On Wednesday	0-0	0-0
On Thursday	0-0	0-0
On Friday	1-0	1-0
On Saturday	4-0	0-0
On Sunday	6-0	2-0

● **HATS OFF:** Sophomore Denise Admiraal became the first Lady Monarch to collect a hat trick this season as the midfielder captured three goals as one of four goal scorers in last Sunday's 7-0 win against Towson. The hat trick was Admiraal's second of her career with the first against Delaware in last season's 6-2 win.

● **TRYING NOT TO LOOK TOO FAR AHEAD BUT...:** Old Dominion returns home next weekend and will look to avenge its only loss of the 2006 season. Old Dominion suffered a 1-0 defeat on September 4th at No. 1 Maryland in what has become one of the premiere match-ups in collegiate field hockey.

● **LAST TIME VS. VIRGINIA COMMONWEALTH:** Old Dominion's Janelle Engle collected a career-high four goals to lead the eighth-ranked Lady Monarch field hockey team to a 5-0 shutout victory over Virginia Commonwealth on a soggy Foreman Field back on October 7th. All four of Engle's goals came off of penalty corners set up by Dana Sensenig and Caroline Nichols. Engle's first goal and the game-winner came 14 minutes into the contest. The Mt. Joy, Pa native then gave the Lady Monarchs a 2-0 edge less than four minutes remaining in the first half. Denise Admiraal then scored 37 seconds later to give Old Dominion a 3-0 lead at the half. The second half saw Engle score both goals, one at the 47th minute and her final tally of the evening at the 55th minute. Old Dominion outshot the Rams 20-3 and outcornered them, 20-1. The Lady Monarchs registered 11 penalty corners in the first half alone. Virginia Commonwealth used a trio of goalkeepers in the cage. Starter Brittany LoVullo played the first half making four saves, while Becca Leuzzi and Laura Baker combined for four saves in the second half. Old Dominion's Mary Cate Gordon needed to make only one save on the evening, stopping the lone Ram shot on net in the second half by Amy Gallivan.

● **LAST TIME VS. DELAWARE:** The eighth-ranked Old Dominion field hockey team won its seventh straight game as they defeated 2004 CAA Champion Delaware, 6-2, at Foreman Field on October 9th. Three different Lady Monarchs registered a goal in the victory led by Denise Admiraal with her first career hat trick. Dana Sensenig collected two tallies, while Jennifer Angat also had a hand in the scoring column. The Lady Monarchs wasted no time in establishing a lead. A mere 1:44 into the contest Admiraal picked up the first of her three goals as Anna Rogers fed the ball to her for a shot from the right side of the cage. Delaware tied the game at 1-1 in the game's 22nd minute. Amber Deimler drove into the circle from the left side of the field drawing out Old Dominion goalkeeper Mary Cate Gordon. As Gordon attempted to kick the ball out of play, Deimler passed to Kaili Kao who had a wide-open opportunity on goal. Old Dominion established a 2-1 lead going into half-time. Sensenig gave the Lady Monarchs the one goal edge entering the second half as she scored among a scramble of players at the 26th minute of action. The second half started out just like the first half did for the Lady Monarchs with Old Dominion scoring early. Old Dominion scored four unanswered goals within the first six and half minutes of the second half to establish the lead for good. Admiraal collected back-to-back goals with her first being the game-winner, her second of the year. Angat tipped in a pass from Nicolien van Nispen (Bilthoven, Holland) at the 40th minute and a minute later Sensenig put away her 12th goal of the 2005 season. Delaware managed one goal in the second half. Right after the whistle on Sensenig's goal, the Blue Hens broke away from the Lady Monarch defense. Katie Evans fired a hard shot into the Lady Monarch cage at the 41st minute for the game's final goal. Blue Hen goalkeeper Megan Allen had a busy day registering 14 saves, including 12 in the second half. ODU's Gordon made only one stop in the second half.

● **NICHOLS NAMED PLAYER OF THE WEEK:** Senior defender Caroline Nichols became the second Lady Monarch to earn a CAA weekly honor as she was named the conference's Player of the Week for the week ending September 10th. The senior defender anchored the Old Dominion backfield which boasted two shutouts last week, as the Lady Monarchs picked up two wins against ranked opponents. Nichols' defensive effort helped ODU to its first shutout in a 3-0 victory over #19 Richmond as the Spiders were held to four total shots including just one in the first half. She followed by helping the Lady Monarchs to back-to-back shutouts with a 2-0 victory over #20 Michigan. Along with helping to keep the Wolverines without a shot in the first half, Nichols captured the game-winner as she drilled home a shot on a Lady Monarch penalty corner attempt.

● **NICHOLS CLAIMS ANOTHER AWARD:** Not only was senior defender Caroline Nichols named the CAA Player of the Week for her efforts last week, she was also named to the Women's Field Hockey.com honor roll.

● **NICHOLS NAMED PLAYER OF THE WEEK - AGAIN:** For the second straight week senior defender Caroline Nichols has been named the Colonial Athletic Association Player of the Week. Nichols helped ODU extend its winning streak to four games as the Lady Monarchs defeated #4 North Carolina and #5 Duke. Defensively, Nichols helped hold the Tar Heels to only one goal as they gave North Carolina its first loss of the season. North Carolina had been averaging 4.00 goals per game, fifth nationally, entering the weekend. On Sunday against Duke, Nichols captured the game-winner with 5:55 remaining in the second overtime to lift ODU to the win over the 2005 national runner-ups. After falling behind 3-1 at the half, Nichols and the defense did not allow the Blue Devils to find the back of the ODU net the rest of the afternoon.

● **NICHOLS CLAIMS ANOTHER AWARD - AGAIN:** Not only was senior defender Caroline Nichols named the CAA Player of the Week for her a second straight week, she was also named to the Women's Field Hockey.com honor roll for a second consecutive week as well.

DID YOU KNOW.....????????????????????

● Old Dominion is the only school to have appeared in every NCAA Tournament since its inception in 1981 for a total of 25 appearances.

● The Lady Monarchs have won an NCAA record nine national championships...1982, 1983, 1984, 1988, 1990, 1991, 1992, 1998, 2000

● Of the their 25 NCAA Tournament appearances the Lady Monarchs have made, Old Dominion has reached the Final Four 16 times most recently in 2005.

● **FACES IN THE CROWD:** Freshman Katie Ueberroth was featured in Sports Illustrated's September 18th issue in the weekly magazine's "Faces In the Crowd" feature. Ueberroth earned the honor after being named the CAA's Rookie of the Week the first week of the season. The freshman midfielder came off the Lady Monarch bench helping ODU to a 3-1 victory over #7 Penn State and a 6-1 win over Ohio with two goals and an assist. She tallied ODU's third and final goal against the Nittany Lions and then followed by assisting Sami McLenegan's game-winner in Sunday's win over Ohio and scoring the Lady Monarchs' sixth and final goal of the game.

● **KATIE UEBERROTH NAMED CAA ROOKIE OF THE WEEK:** Freshman Katie Ueberroth earned the Lady Monarchs first CAA weekly award as she was named the Rookie of the Week for the first week of the season. The freshman midfielder came off the Lady Monarch bench helping ODU to a 3-1 victory over #7 Penn State and a 6-1 win over Ohio with two goals and an assist. She tallied ODU's third and final goal against the Nittany Lions and then followed by assisting Sami McLenegan's game-winner in Sunday's win over Ohio and scoring the Lady Monarchs' sixth and final goal of the game.

● **FACES ON THE BENCH:** Look over to the opponent bench and you just might see a familiar face. The first four weeks of the season saw an Old Dominion tie on its opponent coaching staff. Penn State, who ODU opened the season against, is coached by Char Morrett, a former ODU assistant, Maryland assistant Marybeth Freeman ('03) was NCAA Tournament Team goalkeeper, Lynn Farquhar ('04) returned to Foreman Field as an assistant coach with the University of Richmond, and Tara Hermann ('03) serves as a volunteer assistant with the Duke program, while Blue Devil head coach Beth Bozman spent a season as a graduate assistant with the ODU program. Old Dominion will see another familiar face this weekend at Delaware. Fightin' Blue Hen assistant coach Dawn Hill ('86) helped ODU to three NCAA titles in 1982, 1983, and 1984 and also served as an assistant coach with the Lady Monarchs.

● **SEE YA REAL SOON:** Although Old Dominion took home a 3-1 victory over then #4 North Carolina and a 4-3 overtime victory over then #5 Duke, it won't be the only time the Lady Monarchs see those two teams this season. Along with Maryland, Old Dominion will have a home-and-home series with the two teams. Rematches will occur at Foreman Field on Sunday, October 15th for Duke on Saturday, October 28th for North Carolina. Note: The home game against the Tar Heels will be the annual scholarship game with the \$5.00 admission to benefit the Intercollegiate Foundation for Field Hockey Scholarships.

● **RANK 'EM UP:** So far to date the Lady Monarchs are 10-1 against ranked competition. ODU is 3-1 against Top Ten opponents with a win against #4 North Carolina, #5 Duke, and #7 Penn State, and a loss to #1 Maryland.

● **THE WINNINGEST DIVISION I COACH:** At the helm of the Old Dominion women's field hockey program is the winningest Division I coach in history, Beth Anders. To date, Anders boasts a 472-79-7 overall mark and is only one of six coaches overall and active Division I coaches to reach the 400-win milestone. She entered the 2006 season as the all-time winningest Division I coach and third all-time winningest coach in NCAA history.

● **FORMER LADY MONARCHS IN THE NEWS - WORLD CUP:** USA Field Hockey and women's national team coach Lee Bodimeade have announced that three former Lady Monarchs will be among the 18-member team to represent the USA at next month's Samsung World Cup in Madrid, Spain. Honda Award winner Tiffany Snow, All-American Angie Loy, and defensive specialist Melissa Leonetti will try to help the US team bring home gold beginning on September 27th. The USA will fell to Argentina, 2-1 and Australia, 3-1, but drew 0-0 with Korea and picked up a 3-1 win over South Africa and 1-0 win over Korea to advance to the 5th-8th playoff game. Loy was one of three goal scorers in the win against South Africa. Team USA returns to action

● **COMING UP:** Old Dominion comes home and stays home until the end of the season. They host #1 Maryland looking to avenge its only loss of the season on Saturday, October 14th, and then host #5 Duke on Sunday. On Saturday, the Blue Devils will take on William & Mary in a neutral site game following the meeting with the Terps.

GAME-BY-GAME RESULTS:

GAME ONE:

No. 4 Old Dominion at No. 7 Penn State State College, Pa. - August 26, 2006

STATE COLLEGE, Pa. -- The fourth ranked Old Dominion field hockey squad opened the 2006 season with a 3-1 victory over seventh ranked Penn State. The Lady Monarchs never trailed in the contest striking first with 10 minutes into the game and senior **Dana Sensenig (Denver, Pa.)** putting away the game-winner just before halftime.

Senior **Caroline Nichols (Va. Beach, Va.)** captured ODU's first goal of the season off the Lady Monarchs' first penalty corner attempt of the game. Nichols shot on goal where the ball deflected off Penn State netminder Jen Beaumont and into the net for the 1-0 lead. Sophomore Katelyn Smither (Suffolk, Va.) and Sensenig recorded the assist.

Sensenig would register what would become the eventual game-winner with less than a minute left in the first half. Junior **Shannon Mobley (Va. Beach, Va.)** fed Sensenig a pass near the left side of the cage for the 2-0 advantage.

Penn State thwarted the shutout in the early minutes of the second half. Natalie Blasco managed to intercept the ball from the Lady Monarchs to feed Annelise Legel for the score.

The Lady Monarchs did manage one more score before the end of the game with freshman **Katie Ueberroth (Stevens, Pa.)** found her way to the back of the Nittany Lion net in a scramble in front of the cage.

The teams were even in shots in the first half 4-4 but ODU outshot Penn State 7-3 in the second half and ended the game with an 11-7 advantage. The Nittany Lions were only able to take two shots that were not the result of penalty corners.

In net, **Kelly Driscoll (West Chester, Pa.)** picked up the win in her collegiate debut. Driscoll posted two saves, while her counterpart Beaumont stopped five Lady Monarch shots in the loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (1-0)	2	1	3
Penn State (0-1)	0	1	1

Time	Team	Goal Scorer	Assists
10:15	ODU	Nichols, Caroline (1)	Smither, Katelyn, Sensenig, Dana
33:56	ODU	Sensenig, Dana (1)	Mobley, Shannon
37:24	PSU	Legel, Annelise (1)	Blasco, Natalie
53:35	ODU	Ueberroth, Katie (1)	Unassisted

Shots:	Saves:	Corners:
ODU - 11	ODU - 2	ODU - 5
PSU - 7	PSU - 5	PSU - 5

GAME TWO:

No. 4 Old Dominion vs. (RV) Ohio University State College, Pa. - August 27, 2006

STATE COLLEGE, Va. -- The fourth ranked Old Dominion field hockey team improved to 2-0 on the young season as junior Sami McLenegan (Middletown, Pa.) posted her first career game-winner in the 6-1 victory over Ohio University in a neutral site game on the campus of Penn State.

McLanegan was one of two Lady Monarch multiple scorers joining senior **Dana Sensenig (Denver, Pa.)** with two tallies.

McLanegan gave Old Dominion a 2-0 lead in the first half. Her first goal came at the 10:17 mark as she tipped in a shot that came from the stick of teammate **Shannon Mobley (Va. Beach, Va.)**. Her second goal, the game-winner, came at the 27:22 mark as freshman **Katie Ueberroth (Stevens, Pa.)** drew out the Ohio keeper and passed the ball to McLanegan for a shot on an unprotected net.

The second half saw the Lady Monarch scoring barrage continue. Sensenig captured the second half's first goal by converting a penalty stroke at the 43:50 mark and then moments later recorded her second goal of the afternoon for a 4-0 ODU lead.

Sensenig would go on to record an assist on the next ODU goal. Senior **Anna Rogers (New Bloomfield, Pa.)** netted her first goal of the 2006 campaign as she took Sensenig's pass from the left side of the endline.

Ueberroth rounded out the ODU scoring for the afternoon redirecting a shot taken by sophomore **Katelyn Smither (Suffolk, Va.)** from outside the circle.

The Bobcats avoided the shutout when they were finally able to convert on a breakaway opportunity at the 64:10 mark. Patty Donohue capitalized on ODU netminder **Kelly Driscoll (West Chester, Pa.)** coming out of the cage to stop an on coming Ohio attacker who passed the ball to give Donohue the scoring opportunity.

Old Dominion outshot Ohio 22-4 limiting the Bobcats to two shots in each half. Additionally, the Lady Monarchs held an 8-1 advantage in penalty corners.

Driscoll stopped one of only two shots on goal made by the Bobcats, while Ohio's Jessie Martin made eight saves in the loss.

SCORING SUMMARY

Goals by period:	1	2	Tot
Ohio (0-1)	0	1	1
Old Dominion (2-0)	2	4	6

Time	Team	Goal Scorer	Assists
10:17	ODU	McLanegan, Sami (1)	Mobley, Shannon
27:22	ODU	McLanegan, Sami (2)	Ueberroth, Katie
43:50	ODU	Sensenig, Dana (2)	Penalty stroke
45:55	ODU	Sensenig, Dana (3)	(unassisted)
48:07	ODU	Rogers, Anna (1)	Sensenig, Dana
50:29	ODU	Ueberroth, Katie (2)	Smither, Katelyn
64:10	OHIO	Donahue, Patty (1)	Albini, Torrie

Shots:	Saves:	Corners:
Ohio - 4	Ohio - 6	Ohio - 1
ODU - 22	ODU - 1	ODU - 8

GAME THREE:

No. 4 Old Dominion at No. 19 Virginia Charlottesville, Va. - September 3, 2006

CHARLOTTESVILLE, Va. -- The No. 4 Old Dominion field hockey team took a 3-0 halftime lead and thwarted a second half comeback by No. 19 Virginia to hold on for a 3-2 victory.

The win keeps the Lady Monarchs undefeated at 3-0 as they defeat their second ranked team of the season. Meanwhile the Cavaliers suffer ed their first loss of the season to fall to 2-1 overall.

Leading scorer **Dana Sensenig (Denver, Pa.)** got the game started for Old Dominion as she converted her second penalty stroke of the 2006 season in the ninth minute of play. Junior **Sami McLanegan (Middletown, Pa.)** off an assist from junior **Jo Ann van Aswegen (Bloemfontein, South Africa)** put Old Dominion up 2-0 in the 14th minute of action.

Sophomore **Denise Admiraal (Heiloo, Holland)** scored what would be the game-winner to give the Lady Monarchs the 3-0 lead heading into the half. Senior Caroline Nichols (Va. Beach, Va.) struck the ball toward the Cavalier net on a penalty corner attempt. Virginia's Katherine Blair stopped the ODU shot attempt, but Admiraal got a hold of the rebound and lifted into the cage for the Lady Monarchs' third goal in the 22nd minute.

The second half saw Virginia step up defensively as the Cavaliers held the Lady Monarchs without a shot for the final 28 minutes of the game. Virginia netted back-to-back tallies on penalty corner attempts with just over seven minutes remaining.

The Cavaliers' first goal came from a direct shot by Inge Kaars Sijpesteijn, set up by Biffy Cornelison and Abby Taylor with the assists just under the 63 minute mark. Less than 90 seconds later, Virginia capitalized on another penalty corner attempt this time with Traci Ragukas getting the ball into the ODU net in the 65th minute.

Old Dominion managed to hold on to a slight advantage in shot 12-11. The Lady Monarchs outshot the Cavaliers 10-4 in the first half. Virginia outcornered Old Dominion in the game, 5-2, with both Lady Monarch corners coming in the first half.

In net, redshirt freshman **Kelly Driscoll (West Chester, Pa.)** recorded five stops, while Blair registered three in the loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (3-0)	3	0	3
Virginia (2-1)	0	2	2

Time	Team	Goal Scorer	Assists
9:20	ODU	Sensenig, Dana (4)	Penalty Stroke
13:57	ODU	McLanegan, Sami (3)	van Aswegen, Jo Ann
22:10	ODU	Admiraal, Denise (1)	--
62:56	UVA	Sijpesteijn, Inge	Cornelison, Biffy; Taylor, Abby
64:24	UVA	Ragukas, Traci	--

Shots:	Saves:	Corners:
ODU - 12	ODU - 5	ODU - 2
UVA - 11	UVA - 3	UVA - 5

GAME FOUR:

No. 4 Old Dominion at No. 1 Maryland College Park, Md. - September 4, 2006

COLLEGE PARK, Md. -- In what has become one of the most premiere matches in collegiate field hockey, the top ranked Maryland Terrapins edged out the fourth ranked Old Dominion Lady Monarchs, 1-0. The defending national champions scored with 8:04 left in the game to claim victory.

The loss is the first for the Lady Monarchs in 2006 as they fall to 3-1 overall. The Terps meanwhile improve their record to 4-0. The rematch in the home-and-home series will occur on October 14th at Foreman Field.

In four of the last five games, the winner of the Maryland-Old Dominion match has been decided by one goal or less, including last year's NCAA semifinal match.

Maryland's Paula Infante used a long pass to draw out Lady Monarch netminder **Kelly Driscoll (West Chester, Pa.)** out of net. With Driscoll out near the circle, Infante's pass reached the Terps' Nicole Muracco who fed Kim Ziegler the ball for a shot on open net.

The Terps outshot the Lady Monarchs 11-8. The first half saw Maryland control the offense outshooting ODU 8-2, however in the second half, the Lady Monarchs held the advantage 4-3. Junior **Shannon Mobley (Va. Beach, Va.)** led the Lady Monarchs in the shot department with two, both of them coming on net.

Maryland outcornered Old Dominion 5-1 with all five Terp penalty corner attempts coming in half number one, while the Lady Monarchs' lone corner opportunity came in half number two.

Driscoll posted a career-high five saves in net. Kathryn Masson stopped three Lady Monarch shots on net.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (3-1)	0	0	0
Maryland (4-0)	0	1	1

Time	Team	Goal Scorer	Assists
61:56	MD	Kim Ziegler (2)	Nicole Muracco

Shots:	Saves:	Corners:
ODU - 6	ODU - 6	ODU - 1
MD - 11	MD - 3	MD - 5

GAME FIVE:

No. 3 Old Dominion vs. #19 Richmond Norfolk, Va. - September 9, 2006

NORFOLK, Va. -- The No. 3 Old Dominion field hockey picked up its first shutout of the season in its 3-0 home opening victory over No. 19 Richmond at Foreman Field.

Senior **Darcy Pinchbeck (Suffolk, Va.)** and sophomore Jo Ann van Aswegen (Bloemfontein, South Africa) both scored their first goals of the season in the win. Pinchbeck collected the game-winner while van Aswegen scored twice, including her first collegiate goal.

Old Dominion got onto the scoreboard in the game's 14th as Pinchbeck would register what would be the game-winner. Sophomore **Nico van Nispen (Bilthoven, Holland)** helped draw out Richmond keeper Becca Weaver a few steps directly in front of net. Van Nispen then dishd the ball over to Pinchbeck along the right side of the net for an open shot at the back of the board.

Van Aswegen put the Lady Monarchs up 2-0 late in the first half in her first collegiate tally. With several ODU attackers in the circle, junior **Sami McLanegan (Middletown, Pa.)** managed to find van Aswegen open near the right side of the cage for the clear shot.

Van Aswegen went on to score the lone goal of the second half and final of the afternoon just over two minutes into the stanza. A swarm of Lady Monarch attackers were in the circle, but found their shot attempts blocked by Richmond defenders. After a host of attempts, the ball rolled over to van Aswegen who fired away for her second goal of the game.

Old Dominion outshot Richmond 12-4, but the Spiders did outcorner the Lady Monarchs, 5-4.

Redshirt freshman netminder **Kelly Driscoll (West Chester, Pa.)** earned her first career shutout making two saves in the win. Sophomore defender Daphne Admiraal (Heiloo, Holland) helped preserve the shutout with a defensive save. Richmond's Weaver made all seven saves for the Spiders, while Jacki Railthel was 20:46 of action.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Richmond (2-2)	0	0	0
Old Dominion (4-1)	2	1	3

Time	Team	Goal Scorer	Assists
14:00	ODU	Pinchbeck, Darcy (1)	van Nispen, Nicolien
31:18	ODU	van Aswegen, Jo Ann (1)	McLenehan, Sami
37:12	ODU	van Aswegen, Jo Ann (2)	--

Shots:	Saves:	Corners:
UR - 4	UR - 7	UR - 4
ODU - 12	ODU - 2	ODU - 3

GAME SIX:

No. 3 Old Dominion vs. No. 20 Michigan Norfolk, Va. - September 10, 2006

NORFOLK, Va. -- The third ranked Old Dominion field hockey team posted its second consecutive shutout as it blanked #20 Michigan, 2-0, on Foreman Field.

The victory improves the Lady Monarchs to 5-1 overall, while the Wolverines fall to 2-5 on the year.

The scored was tied at halftime as the Old Dominion defense kept Michigan without a shot in the first half. The Lady Monarchs attempted three shots at the Wolverine net, but none of the them managed to find the back of the cage. Sophomore **Denise Admirall (Heiloo, Holland)** had two shots, the first fired over the top of the cage, and the second narrowly missing a tip-in. Freshman **Hanna Warren (Green Lake, Pa.)** also had a shot, firing hard from the top of the circle but into a stretched out Michigan goalkeeper, Beth Riley.

Michigan kept the ball in ODU territory early in the second half, but it would be the Lady Monarchs who would break the stalemate. On a penalty corner attempt, senior **Caroline Nichols (Va. Beach, Va.)** found the opening to put ODU up 1-0 and tally what would be the game-winner with just under 20 minutes remaining in the game. Four minutes later, Admiraal got a handle on the ball for a hard shot near the top of the circle.

Old Dominion finished the game outshooting Michigan, 11-6. Both teams registered five penalty corners.

Lady Monarch netminder **Kelly Driscoll (West Chester, Pa.)** collected her second shutout behind a defensive effort anchored by Nichols. Riley picked up four stops in the loss for the Wolverines.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Michgian (2-5)	0	0	0
Old Dominion (5-1)	0	2	2

Time	Team	Goal Scorer	Assists
50:22	ODU	Nichols, Caroline (2)	Sensenig, Dana; Smither, Katelyn
54:06	ODU	Admiraal, Denise (2)	--

Shots:	Saves:	Corners:
UM - 6	UM - 4	UM - 5
ODU - 11	ODU - 3	ODU - 5

GAME SEVEN:

No. 3 Old Dominion at No. 4 North Carolina Chapel Hill, N.C. - September 16, 2006

CHAPEL HILL, N.C. - The third-ranked Old Dominion field hockey team won its third straight contest and picked up its second win over a top ten opponent as they handed the fourth ranked North Carolina Tar Heels a 3-1 loss at Francis E. Henry Stadium.

The loss was the first for the Tar Heels this season as they had opened up the season on a six-game win streak. The win meanwhile improved Old Dominion to 6-1 overall.

Old Dominion scored first, on an unassisted shot by freshman **Hanna Warren (Green Lake, Pa.)** with just over three minutes to play in the first half as the Lady Monarch ended the half up 1-0. The goal was Warren's first collegiate tally of her career.

The Tar Heels evened the score less than 10 minutes into second half. On a penalty corner, Hilary Hartman's initial shot was blocked into the air. Freshman Illse Davids batted it down and shot the ball past for her second goal of the season.

The Lady Monarchs went ahead for good with 12:11 remaining in the game when sophomore **Denise Admiraal (Heiloo, Holland)** grabbed the ball near the goal after a UNC save and got it past Tar Heel goalkeeper Brianna O'Donnell. The goal was Admiraal's second game-winner of the season and through Old Dominion's first seven games is the only Lady Monarch to have multiple game-winning goals to her name.

The Lady Monarchs' final score game two minutes later, when senior **Dana Sensenig (Denver, Pa.)** sent a penalty stroke into the left side of the cage. The goal was Sensenig's team-leading fifth of the year. Additionally Sensenig is now 3-of-3 on penalty strokes.

After a fairly even first half with seven shots for ODU and six for UNC, the Lady Monarchs outshot the Tar Heels 8-2 in the second half. Old Dominion finished with five corners to UNC's two. Redshirt freshman **Kelly Driscoll (West Chester, Pa.)** had three saves, while O'Donnell finished with six.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (6-1)	1	2	3
North Carolina (6-1)	0	1	1

Time	Team	Goal Scorer	Assists
31:41	ODU	Warren, Hanna (1)	--
42:11	UNC	Illse Davids (2)	Penalty corner
57:49	ODU	Admiraal, Denise (3)	--
59:50	ODU	Sensenig, Dana (5)	Penalty stroke

Shots:	Saves:	Corners:
ODU - 15	ODU - 3	ODU - 5
UNC - 8	UNC - 6	UNC - 2

GAME EIGHT:

No. 3 Old Dominion at No. 5 Duke Durham, N.C. - September 17, 2006

DURHAM, N.C. -- The third-ranked Old Dominion field hockey team overcame a 3-1 halftime deficit and forced double overtime to earn a 4-3 victory over fifth-ranked Duke at Williams Field. Colonial Athletic Association Player of the Week senior **Caroline Nichols (Va. Beach, Va.)** sent home the game-winner with 5:55 remaining in the second overtime session.

The win is the fourth straight for the Lady Monarchs who improved to 7-1 overall. The victory also marked the third win this season over a top ten opponent with #7 Penn State and #4 North Carolina also falling to Old Dominion. The Dukes suffered their second loss to a top three team and fell to 6-2 overall.

Nine and a half minutes into the game, Duke's Marian Dickinson recorded her first of three goals goal off a rebounded shot. Less than two minutes later, the sophomore scored her second goal of the day on an assist from senior Hilary Linton, as the Blue Devils went up 2-0.

Old Dominion leading scorer **Dana Sensenig (Denver, Pa.)** got the Lady Monarchs on the board, scoring at the 16:34 mark to bring ODU within one, 2-1.

However, Dickinson struck again just before halftime, as she netted her third goal on an assist by Ashley Pultorak for the hattrick putting the Blue Devils up 3-1.

In the second half, the Lady Monarchs defense clamped down and did not allow Duke to score while registering two goals for force the game into overtime. Sensenig tallied her second goal of the afternoon less than six minutes into the half, while junior **Shannon Mobley (Va. Beach, Va.)** managed to tie the game at 3-3 with 16:50 left in regulation.

Neither team managed to find the back of the cage in the first 15 minute overtime forcing double overtime.

Nichols posted the game-winner, her second of the season, to add to the Lady Monarch win column.

SCORING SUMMARY:

Goals by period:	1	2	1OT	2OT	Tot
Old Dominion (7-1)	1	2	0	1	4
Duke (6-2)	3	0	0	0	3

Time	Team	Goal Scorer	Assists
9:37	DU	Marian Dickinson	--
10:18	DU	Marian Dickinson (10)	Hilary Linton
16:34	ODU	Sensenig, Dana (6)	Admiraal, Daphne
33:52	DU	Marian Dickinson (11)	Ashley Pultorak
41:26	ODU	Sensenig, Dana (7)	Admiraal, Denise
53:10	ODU	Mobley, Shannon (1)	--
94:05	ODU	Nichols, Caroline (3)	van Nispen, Nicolien

Shots:	Saves:	Corners:
ODU - 18	ODU - 3	ODU - 6
DU - 11	DU - 8	DU - 7

GAME NINE:

No. 3 Old Dominion at Princeton Princeton, N.J. - September 23, 2006

PRINCETON, N.J. -- The third-ranked Old Dominion field hockey team made it five-in-a-row as they shutout Princeton, 5-0. After taking a 1-0 halftime lead, Old Dominion exploded for four second half goals as five different Lady Monarchs scored in the victory.

The Lady Monarchs improve to 8-1 overall, while netminder **Kelly Driscoll (West Chester, Pa.)** and the ODU defense post their third shutout of the season. Meanwhile, Princeton falls to 3-3 overall.

CAA Player of the Week **Caroline Nichols (Va. Beach, Va.)** got the game started as she scored eight minutes into the contest for what would be the game-winner.

ODU leading scorer **Dana Sensenig (Denver, Pa.)** got the second half started as she converted her fourth penalty stroke of the season.

Five minutes later reserve Anna Rogers (New Bloomfield, Pa.), off an assist from classmate **Darcy Pinchbeck (Suffolk, Va.)**, gave the Lady Monarchs a 2-0 on her second goal of the season. Less than three minutes after that, sophomore Nico van Nispen (Bilthoven, Holland) collected a loose ball in the circle to record her first goal of the season. Pinchbeck rounded out the afternoon's scoring tallying the Lady Monarchs' final goal of the afternoon with just over 10 minutes remaining in the game. The goal was Pinchbeck's second of the year.

The Lady Monarchs outshot Princeton, 24-6, holding the Tigers to just four shots on goal and one shot in the second half. Old Dominion also held the advantage in penalty corners, 8-5.

Driscoll stopped all four Tigers shots on goal, while her counterpart Allison Nemeth made 11 saves in Princeton's loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (8-1)	1	4	5
Princeton (3-3)	0	0	0

Time	Team	Goal Scorer	Assists
8:16	ODU	Nichols, Caroline (4)	--
41:08	ODU	Sensenig, Dana (8)	Penalty stroke
46:51	ODU	Rogers, Anna (2)	Pinchbeck, Darcy
49:25	ODU	van Nispen, Nicolien (1)	--
59:04	ODU	Pinchbeck, Darcy (2)	--

Shots:	Saves:	Corners:
ODU - 24	ODU - 4	ODU - 8
PU - 6	PU - 13	PU - 5

GAME TEN:

No. 3 Old Dominion at Princeton Princeton, N.J. - September 23, 2006

PHILADELPHIA, Pa. -- The third-ranked Old Dominion field hockey team opened up Colonial Athletic Association (CAA) play with a 5-0 victory over the Drexel Dragons. The Lady Monarchs shutout their opponent for the second consecutive game and outscored opponents the weekend 10-0.

The win ups the Lady Monarchs mark to 9-1 overall, while the Dragons, also playing in their CAA opener, fall to 6-3 overall after starting the season off 5-0.

Almost the previous game at Princeton, the Lady Monarchs held a 1-0 lead at the half and exploded for four goals in the second half. Senior midfielder **Dana Sensenig (Denver, Pa.)** led Old Dominion with two goals and an assist.

Unlike the game at Princeton, Old Dominion scored late in the half as Sensenig captured her first goal and eventual game-winner with only 41 seconds remaining in the first half.

Sophomore **Denise Admiraal (Heiloo, Holland)** started the second half scoring barrage just six minutes into the half. She was followed with goals by sophomore **Nico van Nispen (Bilthoven, Holland)** on a penalty corner, Sensenig's second tally off a pass from senior **Anna Rogers (New Bloomfield, Pa.)** and senior **Darcy Pinchbeck's (Suffolk, Va.)** second goal of the weekend.

Old Dominion outshot Drexel 35-6, with 20 of the Lady Monarchs' shots coming on the Drexel net. Old Dominion also outcornered Drexel, 14-4.

Redshirt **Kelly Driscoll (West Chester, Pa.)** needed to make only one save as the ODU defense helped the Lady Monarch netminder to her fourth shutout. Drexel's Colleen McAndrew posted a season-high 15 saves.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (9-1, 1-0)	1	4	5
Drexel (6-3, 0-1)	0	0	0

Time	Team	Goal Scorer	Assists
34:19	ODU	Sensenig, Dana (9)	--
41:43	ODU	Admiraal, Denise (4)	--
52:17	ODU	van Nispen, Nicolien (2)	Nichols, Caroline; Sensenig, Dana
58:42	ODU	Sensenig, Dana (10)	Rogers, Anna
69:32	ODU	Pinchbeck, Darcy (3)	--

Shots:	Saves:	Corners:
ODU - 35	ODU - 1	ODU - 14
DU - 6	DU - 15	DU - 4

GAME ELEVEN:

No. 3 Old Dominion at No. 17 James Madison Harrisonburg, Va. - September 30, 2006

HARRISONBURG, Va. -- Sophomore **Nico van Nispen (Bilthoven, Holland)** captured third-ranked Old Dominion's lone goal it a 1-0 victory over #17 James Madison at the JMU Field Hockey complex.

The win gave the Lady Monarchs its seventh straight win as they improved to 10-1 overall and 2-0 in the Colonial Athletic Association (CAA). The shutout was also Old Dominion's third straight and fifth overall this season. James Madison fell to 6-5 in their CAA opener.

Van Nispen's goal came off a penalty corner with 7:13 left in the game. Senior **Dana Sensenig (Denver, Pa.)** and freshman **Titia Beek (Heiloo, Holland)** were credited with the assists.

Although Old Dominion scored only one goal, they controlled much of the offense as the Lady Monarchs outshot the Dukes, 14-2. Both James Madison shots came in the first half, with only Lauren Stefaniak's shot reaching net on penalty corner resulting in the lone save by Lady Monarch keeper **Kelly Driscoll (West Chester, Pa.)**.

Old Dominion outcornered James Madison, 10-2.

SCORING SUMMARY:

Goals by period:

	<u>1</u>	<u>2</u>	<u>Tot</u>
Old Dominion (10-1, 2-0)	0	1	1
James Madison (6-5, 0-1)	0	0	0

<u>Time</u>	<u>Team</u>	<u>Goal Scorer</u>	<u>Assists</u>
62:29	ODU	van Nispen, Nicolien (3)	Sensenig, Dana; Beek, Titia

<u>Shots:</u>	<u>Saves:</u>	<u>Corners:</u>
ODU - 14	ODU - 1	ODU - 10
JMU - 2	JMU - 5	JMU - 2

GAME TWELEVE:

No. 3 Old Dominion vs. Towson Norfolk, Va. - October 1, 2006

NORFOLK, Va. -- Sophomore forward **Denise Admiraal (Heiloo, Holland)** posted a hat trick to lead the third-ranked Lady Monarchs to a 7-0 win over Towson in Colonial Athletic Association (CAA) action on Foreman Field.

The win, Old Dominion's eighth straight, improves the Lady Monarchs to 11-1 overall and 3-0 in the CAA as they posted their fourth straight shutout and sixth overall. The Tigers meanwhile fall to 7-5 overall and 1-1 in league play.

Sophomore forward **Nicolien van Nispen (Bilthoven, Holland)** added two goals to the shutout. Seniors **Dana Sensenig (Denver, Pa.)** and **Caroline Nichols (Va. Beach, Va.)** both added one goal.

The Lady Monarchs scored three quick goals in the beginning of the first half to bring Old Dominion to an early lead. Van Nispen collected her second straight game-winner putting away her first goal of the afternoon 6:50 into the match. From there, the Lady Monarchs tacked on two more goals in the next six minutes. Admiraal captured the first of her three goals as her shot bounced off a Towson defender into the net at the 10 minutes mark, followed by van Nispen's second goal of the day less than two mintues later. The Lady Monarchs tacked on another goal with four minutes left in the half by leading scorer Sensenig with an assist from freshman **Kathleen Shea (Elizaville, N.Y.)**, her first of her career.

Old Dominion came out strong the second half tacking on three more goals to its lead with an early tally and two late penalty corner goals. Admiraal picked up goal number two a mere four minutes into the half and then earned her seventh goal of the season off a penalty corner. After receiving the stick stop, van Nispen faked and passed the ball over to Admriaal. Nichols registered ODU's final goal of the afternoon also on a penalty corner. Sophomore **Katelyn Smither (Suffolk, Va.)** and Sensenig were credited with the assist.

Towson midfielder Laura Schnell tallied the Tiger's single shot attempt of the afternoon's match. Senior goalkeeper Christina Armer had fourteen saves in the loss and Gabby Mink posted a defensive save. ODU netminder **Kelly Driscoll (West Chester, Pa.)** stopped the lone Tiger shot on net.

Old Dominion outshot the Tigers a total of 27-1 and did not allow Towson a single penalty corner opportunity, while the Lady Monarchs had 12.

SCORING SUMMARY:

Goals by period:

	<u>1</u>	<u>2</u>	<u>Tot</u>
Towson (7-5, 1-1)	0	0	0
Old Dominion (11-1, 3-0)	4	3	7

<u>Time</u>	<u>Team</u>	<u>Goal Scorer</u>	<u>Assists</u>
6:50	ODU	van Nispen, Nicolien (4)	Pinchbeck, Darcy
10:48	ODU	Admiraal, Denise (5)	--
12:18	ODU	van Nispen, Nicolien (5)	--
30:49	ODU	Sensenig, Dana (11)	Shea, Kathleen
49:24	ODU	Admiraal, Denise (6)	--
57:02	ODU	Admiraal, Denise (7)	van Nispen, Nicolien
63:36	ODU	Nichols, Caroline (5)	Sensenig, Dana; Smither, Katelyn

<u>Shots:</u>	<u>Saves:</u>	<u>Corners:</u>
TU - 1	TU - 14	TU - 0
ODU - 27	ODU - 1	ODU - 12